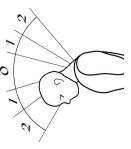
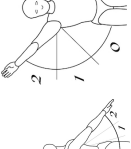
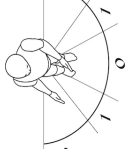
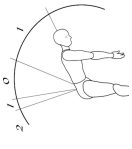

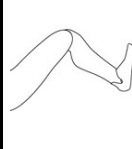



Ergo Eye Audit Worksheet

Process/Job Name: _____ Name of Auditor: _____ Date of Audit: _____

Step 1: Review job for presence of Workplace Athletics posture offences.		Step 2: Review job for other Primary Risk Factors.		Step 3: Total # of Yellow cards	Step 4: Identify potential solutions.
POSTURE		REpetition/DURATION	FORCE	CRITICAL COMBINATION?	MINIMIZE RISKS
Do the workers move out of the "0" zones?	Workplace Athletics "Offence"	Does this posture offence occur repeatedly or for a long period of time?	Do workers think the objects are heavy, or the task is difficult/tiring?	2 Yellow Cards = Red Card	Reference "Go To" Solution Ideas to decrease # of Yellow Cards.
	"Check" for each occurrence				
	Yellow Card?				
	Circle highest zone present				
	Catching Fly Balls	Yellow Card (Check if YES)	Yellow Card (Check if YES)		
	Fielding Ground Balls	Yellow Card (Check if YES)	Yellow Card (Check if YES)		
	Elbowing	Yellow Card (Check if YES)	Yellow Card (Check if YES)		
	Golf swing	Yellow Card (Check if YES)	Yellow Card (Check if YES)		
	Face Off position	Yellow Card (Check if YES)	Yellow Card (Check if YES)		
	Wrist shot	Yellow Card (Check if YES)	Yellow Card (Check if YES)		
	Catchers Stance	Yellow Card (Check if YES)	Yellow Card (Check if YES)		

Additional Details: