

**Note:** The weight limits presented are maximum acceptable values. Therefore, as long as the load is less than the limit the lift is acceptable.

Each lift must be evaluated based on the distance away from the body and frequency.

**Distance:** The reaches are presented as "Close, Medium, or Far".

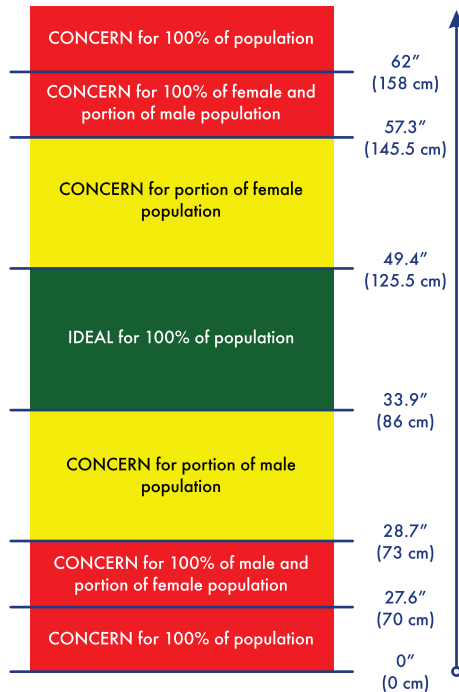
**Frequency:** The values are presented based on "one lift every...." 9 sec, 1 min, or 5 min.



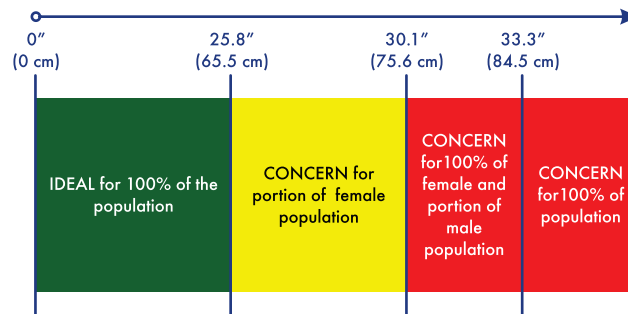
We assemble SOLUTIONS

[www.oiweb.com](http://www.oiweb.com) 1-800-813-4202

### Vertical Reach



### Forward Reach



**Note:** Forward reach zones are measured from the back of the shoulder blades to the handle/grip point. Maximum acceptable limits will decrease as the arm moves through its natural arc.